



**SETH C. GAMRADT USC
SPORTS MEDICINE
SHOULDER EVALUATION**

ROM	R	L
FE		
ABD		
ER SIDE		
IR BACK		
ER ABD		
IR ABD		

HPI:

SHOULDER: L R B

HAND: L R AD _____

ROM

DATE OF INJURY _____ (gradual)

MECHANISM OF INJURY _____

IR

SPORTS:

DISLOCATIONS: _____ **ER?** _____

POP SWELLING INSTABILITY CLICK

LOCATION OF PAIN: _____

MECHANICAL NIGHT OVERHEAD

RADIATING REST THROW?

PRIOR RX: NSAID BRACE ICE PT INJ

PUL

IMPROVED? _____ **ME**

PREVIOUS SURGERY _____

MISC:

PHYSICAL EXAM:

C-SPINE ROM _____ **SPURLING** _____

TTP: NECK TRAP AC BICEPS

DELTA SUPRA INFRA ATROPHY: _____

STRENGTH:

DELTA _____ **SS** _____

ER _____ **BELLY** _____ **LIFT** _____

NEER _____ **HAWKINS** _____

X-BODY _____ **OBRIENS** _____

WINGING _____

APPREHENSION _____

RELOCATION: _____

L+S: ANT _____ **POST** _____

SULCUS _____

PULSE _____ **NEURO** _____

IMAGING:

XX: NORMAL
OTHER _____

MRI: CUFF: _____

LABRUM _____

BICEPS _____

CARTILAGE _____

BONE _____

IMP: _____

PLAN: _____

